HE DOESN'T SMILE AT "STOMACH ACHES AT A nurse's station or in the waiting room. She is a professional, not a friend. Her only concern is to relieve your pain. If your symptoms persist or worsen, she will refer you to a specialist.

At the first sign of stomach ache, many people think of their doctor. He is always available, isn't he? Not necessarily. Many doctors have limited hours when they are available for treatment. If you are in pain, you need to know what to do next.

The first step is to identify the cause of your stomach ache. Is it due to a medical condition or a dietary issue? Is it due to stress or anxiety? It is important to understand the underlying cause of your stomach ache so that you can take appropriate action.

In addition to the physical examination, a doctor may also perform additional tests to help identify the cause of your symptoms. These may include blood tests, imaging studies, or other diagnostic procedures.

If your doctor does not recommend surgery, there are several other options available to help you manage your symptoms. These may include medication, lifestyle changes, or other therapies.

It is important to remember that your doctor is not your friend. She is your healthcare provider, and her primary goal is to help you feel better. It is important to be honest with your doctor about your symptoms and to follow his or her advice, even if it is different from what you want or expect.

Do not hesitate to seek help if you are experiencing stomach pain. It is important to take action to prevent further complications.

The only person equipped to identify the cause of an abdominal pain is your doctor. If you are uncertain about the cause of your stomach ache, seek medical advice from a qualified professional.

Consumers may also find additional information and resources through online search engines or by visiting your local library. A qualified healthcare provider can provide you with the necessary information to help you make a decision about your health.

If you are in pain, it is important to take steps to relieve it. This may include taking over-the-counter medications, such as acetaminophen or ibuprofen, or seeking medical advice from a qualified professional.

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